Research of the Reduced Mass of the Railway Track

D. Kurhan¹*, Y. Leibuk²

¹Dnipro National University of Railway Transport named after Academician V. Lazaryan, Department of Track and Track Facilities
Lazaryan st. 2, 49010, Dnipro, Ukraine
*E-mail: kurhan.d@gmail.com

²Joint Stock Company “Ukrainian railways”, Branch “Center of Engineering Structures for Construction and Repair”
Zaliznychne Highway, 5B, 01103, Kyiv, Ukraine

Abstract: In an overall view, a vehicle is described as a system of bodies interconnected by elastic and dissipative couplings. Bodies have a mass concentrated at a point, the movement of which describes their motion. Certain difficulties arise when introducing a railway track into such models. While interacting with the rolling stock, the track operates as an elastic body, and its mass is specified as reduced to the point of interaction. The purpose of this work is to provide a reasonable value of the reduced mass of the railway track depending on its parameters. The task is solved by applying a spatial model of dynamic deformations of the railway track on the basis of the elasticity theory. Such an approach makes it possible to determine which part of the railway track interacts with the wheel based on the propagation of deformations as elastic waves.

Keywords: railway; track and rolling stock interaction; reduced mass; wave propagation; stress-strain state

1. Introduction

Nowadays, in most cases, mathematical models of movement of railway rolling stock are based on the system of Lagrange equations of the second kind. In an overall view, a vehicle (a car or a locomotive) is described as a system of bodies
interconnected by elastic and dissipative couplings. Bodies have a mass concentrated at a point. The displacement of centers of mass at each time step in system solution of differential equations is the result of the simulation, which makes it possible to obtain forces, stresses, and other necessary motion parameters. Such an approach describes the dynamic processes of rolling stock with adequacy sufficient for almost the entire list of relevant modern tasks [1, 2, 3, 4, 5, 6], etc. Certain difficulties arise when introducing a railway track into such models. Considering that the track when interacting with the rolling stock operates at elastic deformations, to divide it into separate masses that are not compressed, but move, it is possible only with a number of conventions. It is known that increasing the detailing of the track does not solve this problem, especially for the description of such layers as ballast and soil.

Many developments, most of which use the latest scientific approaches, are devoted to this study of the stress-strain work of the under sleeper base. So, for example, work [7] makes the analysis of a modern condition of such researches. More often it is the finite element method (FEM) [8, 9], in addition, it is the method of discrete elements [10], computed tomography [11], the process of elastic waves propagation [12, 13], and others.

Most railway transport tasks require a comprehensive assessment in the track and rolling stock interaction. Therefore, the approach in which two different mathematical models are consistently applied is widely used. First, a model with a detailed description of the vehicle and a minimum sufficient representation of the track makes it possible to obtain the forces of interaction, then the model of the railway operation from the applied forces allows to determine the stresses and strains in the body of the track. In any case, for models based on the system of Lagrange equations of the second kind, it remains the need to set the mass of the railway track elements.

It can be agreed that for many tasks the value of the track mass does not affect the results as much as the stiffness and dissipation indices [14], and to some extent, it is a formal need to divide the system into separate objects. Still, a tool is needed to determine it. Therefore, the purpose of this study is to substantiate the values of the mass of the railway track for such mathematical models depending on its design and operating conditions [15].

2. Theory of the method for determining the reduced mass

Such elements of the railway track as rail, ballast layer, roadbed do not have appropriate (determinate) geometric dimensions in length. Therefore, representing them as an object (or set of objects) that has a link with a wheel (or wheelset with an axle), the length is conditionally limited to the part that participates in the interaction. It is clear that the physical mass of an object, with the dimensions, thus determined,
is not yet required for introduction into the mathematical model, because this object operates at an elastic deformation, the magnitude of which is not identical to the displacement of the center of mass.

One of the forms of representation of the Lagrange equation of the second kind is to write it through the kinetic energy of the system \( T \)

\[
\frac{d}{dt} \left( \frac{\partial T}{\partial \dot{q}_i} \right) - \frac{\partial T}{\partial q_i} = Q_i, \tag{1}
\]

where \( q_i \) – generalized coordinate; \( Q_i \) – generalized force; \( t \) – time factor.

The kinetic energy of an elastic system consisting of elements of mass \( dm \), which is deformed at a speed \( V_i \) is equal to

\[
T = \int_m \frac{V_i^2}{2} dm. \tag{2}
\]

Ensuring the correspondence of kinetic energies, the reduced mass of the system "railway track" will be so concentrated in the point of mass, which, moving with a velocity of the reference point (wheel-rail interaction point), has the same kinetic energy that all elements of the elastic system have while their moving (deformation):

\[
m_R = \frac{1}{V_0^2} \int_m V_i^2 dm. \tag{3}
\]

Assuming that \( \frac{d z_i}{d t}/d z_0 = \frac{z_i}{z_0} \) it can be seen:

\[
m_R = \frac{1}{z_0^2} \int_m z_i^2 dm, \tag{4}
\]

where \( z_0 \) – vertical deflection at the reference point (wheel-rail interaction point); \( z_i \) – vertical deformation of the \( i \)-th element, from them the system consists of, for which the reduced mass is determined.

In this work, the task was to form the reduced mass of the railway track as a single object: a support that interacts with the wheel. Therefore, masses of the rail, sleepers, ballast, and a roadbed can be considered in the wheel and at reduced to the wheel-rail interaction point. The obtained components of the reduced mass of the railway track can be regrouped into objects with other details.

Elastic vertical deflections of the rail can be determined by formulas:

\[
z_i = \frac{p_k}{2U} (\cos kx + \sin kx)e^{-kx}, \tag{5}
\]

\[
k = \frac{4}{4Ei}, \tag{6}
\]
where $P$ – the calculated force of the wheel pressure on the rail \([16, 17, 18]\); $U$ – deformation modulus of a track; the distance from the wheel-rail interaction point to the $i$-th cross-section of the rail; $EI$ is rail stiffness (product of the deformation modulus and inertia moment of the rail), $e$ is the Euler’s number (mathematical constant), $x$ – distance on rail from the force application point.

Substituting these expressions to formula (4) it can be obtained:

$$m_r = 2M_r \int_0^\infty (\cos kx + \sin kx)^2 e^{-2kx},$$

where $m_r$ – the reduced mass of the rail; $M_r$ – is mass per unit length of the rail, kg/m.

And in the final formula is:

$$m_r = \frac{3M_r}{2k}.$$  \hspace{1cm} (8)

Sleepers are elements that have known dimensions and known mass. If reinforced concrete sleepers are taken into account, their elastic deformations can be neglected. Then formula (8) can be used to determine the reduced mass of the assembled rails and sleepers. For this, the value $M_r$ will be equal to the mass of the running meter of the assembled rails and sleepers as a whole, attributed to one wheel (i.e. the mass of the rail, the mass of fasteners on one rail, and the mass of half of the sleepers).

Further research was aimed at determining the mass of the under sleeper base (ballast and roadbed), which are involved in the oscillations/vibrations of each rail support at any moment of time.

To solve this problem, a spatial model of dynamic deformations of the railway track based on the elasticity theory \([13, 19]\) was applied. One of the basic elements of such a model is to determine the geometry of stress propagation (and appropriate deformations) in the half-space of the railway track from the action of external load (rolling stock wheels). The geometry of stress propagation is described as a wave process through the set of vectors \($\{\vec{u}\}$). The lengths of the vectors are determined at each time step $dt$ for all possible directions of propagation, which are specified by angles $\alpha \in [0; 0.5\pi]$ and $\gamma \in [0; 2\pi]$, describing the half-space (Fig. 1).
The set of vectors forms a surface that corresponds to the stress propagation front at a given point in time of interaction. Fig. 2 shows such surfaces in the ballast under the sleeper exported from the computer implementation of the model. For visualization, the example uses an enlarged modeling step (the time between surfaces is $0.0004 \text{ s}$). The usual calculation step is $0.00002 \text{ s}$.

Propagation geometry is limited by object boundaries. When vectors move from one object to another, the propagation rate is adjusted by changing their physical properties.

As the stress wave propagates, the half-space of the railway track is divided into separate segments, and each such segment consists of a set of vectors that had formed
it. Four adjacent vectors delimit a single element of the segment. The result of the calculations is the stress and strain for each element. The mass of such an element can be defined as

\[ dm = \rho S \frac{1}{4} \sum_{i}^{i+3} |\vec{u}_i|, \]

where \( \rho \) – is the density of a substance; \( S \) – is the wall square of the element (Fig. 3).

![Figure 3. Calculation scheme for determining the reduced mass](image)

This approach allows to obtain exactly the space of the railway track that is involved in the interaction, in the form of a set of elements for which their masses and vertical deformations are known.

Given the structure adopted in the model, the calculation of the reduced mass is performed in the following sequence.

1. The under sleeper base includes two objects of the system: ballast layer: \( (\omega_b) \) and soil \( (\omega_s) \). From the force applied to the rail, deformations propagate and after several time steps of the simulations are transmitted from the sole (and partially from the side surfaces) of the sleeper to the ballast. Further propagation of deformations forms the calculation spheres \( (A_i) \), each of which is the space between the beginnings and ends of the vectors in the current calculation step (see Fig. 3), with regard to the constraints of the object by boundaries:
\[ A_i = \{ \tilde{u}_j | \tilde{u}_j \in \omega \}. \]  

Thus, the active (i.e. those involved in the interaction) volumes of objects (ballast and soil) are formed:

\[ \omega = \{ A_i \}. \]  

2. The mass (full) \( dm_j \) and vertical deformation \( z_j \) of each element, involved in the interaction are fixed.

3. The reduced mass of each sphere can be determined, with the reference point to its vertical axis

\[ m_{R(i)} = \frac{1}{z_0^2} \sum_j dm_j z_j^2, \]  

where \( z_0(i) \) – vertical deformation of the sphere along the axis (see Fig. 3).

3. The reduced mass of the layer to the wheel-rail interaction point is determined

\[ m_{R(\omega)} = \frac{1}{z_0^2} \sum_{i=\omega} m_{R(i)} z_0^2(i). \]  

3. The results of simulation of the railway track operation to determine the reduced mass

The reduced mass of the under sleeper base depends on many initial characteristics in the system. Therefore, further calculations will be performed and analyzed as options with a change of the main characteristics in certain ranges.

The following option of the under sleeper base is accepted as primary: ballast crushed stone 50 cm thick, with the modulus of deformation of 200 MPa and density of 1600 kg/m\(^3\); a roadbed from the soil with the modulus of deformation of 35 MPa and a density of 1400 kg/m\(^3\). Given that the calculation of masses for the elements involved in the interaction, and their deformations are carried out on the spheres from the point of force application, it is possible to obtain and monitor the gradual gain of the reduced mass along with the depth of the base. Fig. 4 shows the increase in the mass of the under sleeper base reduced to the wheel-rail interaction point with the depth. The sleeper sole is taken as the zero marks of the depth here and in further calculations. At the mark of 0.5 m, there is a change in the contour of the growth curve of the reduced mass, which is explained by the transition from the ballast layer to the soil. Gradually with depth, the elastic deformations of the soil decrease, which, accordingly, leads to almost zero growth intensity of the reduced mass.
For a sufficiently large range of speeds, the interaction time does not matter, because the load (wheel) is always in the area of already realized deformations [20]. The dependence of the reduced mass of the railway track on the speed of movement appears under conditions when the rail deflection under the wheel does not have time to reach the maximum value and there is a difference between dynamic and static deflections. Therefore, the results of this and the most further calculations do not depend on the speed of motion. This issue will be discussed further in more details.

It is also clear that the results of the reduced mass for impactless motion do not depend on the external load value (within the linearity of the stress-strain relationship).

Next, the impact of various factors on the reduced mass of both individual layers of the railway track and the under sleeper base as a whole can be considered.

### 3.1. Ballast thickness

Keeping the original data of the previous example (the basis for further research can be considered), the impact of the ballast layer thickness will be analyzed. Fig. 5 shows the dependence of the reduced mass of the ballast on its thickness (the range from 40 to 60 cm was taken into account).
Figure 5. Impact of ballast thickness on its reduced mass

For each option, a gradual set of mass on the depth of the under sleeper base is shown, which corresponds to the involvement of increasing volumes of the ballast. The sleeper sole is taken as the zero marks on the vertical axis. Upon completion of the ballast layer, its reduced mass continues to grow due to the propagation of the interaction along the track (linear segment in Fig. 5). But, given that the stresses in the ballast and, accordingly, its deformation decreases rapidly, the intensity of addition/supplement to the reduced mass is close to zero.

Fig. 6 shows the accumulation of the reduced soil mass in accordance with the considered options of ballast thickness.

For uniformity of understanding, the soil surface is taken as zero depth in Fig. 6 in all options. With depth, all large volumes of soil are involved in the interaction, which leads to an increase in the reduced mass, but on the other hand, the deformations gradually dampen with depth, which initially reduces and then stops the intensity of the reduced mass.

It should be noted that for the option with a greater thickness of the ballast layer, stresses, and, accordingly, the deformation in the soil will be less. But at the same time, there is an increase in the reduced mass of soil. This is due to the fact that the option with a greater thickness of the ballast layer has a larger contact area of the ballast with the roadbed, which increases the volume of soil involved in the interaction.
3.2. Soil deformation modulus

On the basis of the option accepted as basic (see above), change of the soil deformation modulus in the range from 25 to 45 MPa is considered (Fig. 7).

It is understood that increasing the soil deformation modulus reduces its deformations which leads to a decrease in the reduced soil mass. It should be noted that, although with less intensity, but this characteristic also affects the reduced mass.
of the ballast. It is explained by the fact that the soil deformation modulus affects the overall deformability of the railway track, including deformation in the ballast. Thus, if the deformation modulus of the railway track for the basic option (soil deformation modulus is 35 MPa in Fig. 7) was 52.4 MPa, then for options with the soil deformation modules of 25 and 45 MPa (while keeping all other initial characteristics) it was 40.6 and 62.6 MPa, respectively.

Considering the importance of such a characteristic as the deformation modulus of the railway track, it was determined for each calculation option and will be given in the final results.

3.3. Soil density

Options of calculations for different soil density in the range of 1400-1800 kg/m³ are considered, other characteristics are accepted as in the basic option.

The results of the calculations are shown in Fig. 8.

![Impact of soil density on the reduced mass](image)

**Figure 8. Impact of soil density on the reduced mass**

As expected, the increase in soil density, and consequently its bulk density, leads to an increase in the reduced soil mass and, as a consequence, the reduced mass of the track as a whole.

3.4. Deformation modulus of the ballast

Let us consider the impact of the deformation modulus of the ballast in the range of 100-200 MPa based on the basic version. The results of the calculations are shown in Fig. 9.
As can be seen in Fig. 9, the deformation modulus of the ballast affects both its reduced mass and the reduced soil mass, which is primarily due to changes in the total deformation modulus of the railway track.

### 3.5. Ballast density

The impact of ballast density in the range of 1600-2000 kg/m³ is shown in Fig. 10.
An increase in ballast density, as expected, increases its reduced mass, but not significantly, due to the relatively small volumes of the ballast layer involved in the interaction (see Fig. 10).

3.6. Speed of movement

The impact of speed on the reduced mass of the railway track will take place in cases of significant differences between dynamic and static deflections. As shown by a large number of studies, at speeds up to 160 km/h this effect is absent. Even with a further increase in speed, the difference between dynamic and static deflections appears only in the presence of a rather weak underrail base. At a low value of the deformation modulus of the railway track, physical conditions may occur in which the propagation velocity of deformations will be insufficient to form a complete deflection of the track at a passage time of the wheel.

As mentioned earlier, deformations in the iron track (as in any solid body) propagate at the velocity of elastic waves. This velocity, in turn, depends on such physical characteristics of the environment as the deformation modulus, density, and Poisson's ratio. Moreover, the longitudinal velocity of propagation (in the direction of force) will be greater than the transverse one. For example, for the ballast with a deformation modulus of 200 MPa and a density of 1600 kg/m³ (basic calculation option), the longitudinal and transverse velocities are 410 m/s² and 219 m/s², respectively. For soil, especially in the case of weak soils, these velocities will be lower, and for more ballast consolidation, on the contrary, higher. Except in some cases, for example for some peat soils, the velocity of wave propagation is significantly higher than the speed of rolling stock. But a simple comparison of speeds is not indicative of conclusions concerning the sufficiency of time to realize the full deflection of the rail. First, due to the inertia of the process, the realization of complete deformations is delayed in comparison with the propagation of the wavefront. Secondly, and for the railway track, this is an important factor, the implementation of the full deflection of the rail requires not only sufficient depth of deformation in the cross-section of the wheel press but also sufficient propagation along the underrail base under the rail, which should participate in its deflection. Violation of this condition, as a rule, leads to changes in the dynamic deflection at high speeds [20].

Dynamic components of the stress-strain state of the railway track depend on stiffness index of the rail support layers. The lower the deformation modulus, the lower velocity of stress propagation and, as a result, at lower speeds of movement, dynamic effects that go beyond the use of quasi-static calculations can be observed. Therefore the authors consider the impact of travel speed on an example of a weaker design: reinforced concrete sleepers with a density of 1840 pieces/km, crushed stone
ballast 50 cm thick (deformation modulus of the ballast is 100 MPa, density is 1600 kg/m³), soil (soil deformation modulus is 10 MPa, density is 1400 kg/m³). According to calculations with such initial data, the total deformation modulus of the railway track will be 16.7 MPa, at low speeds, the reduced mass of the under sleeper base was 931 kg (217 kg is the reduced mass of the ballast and 714 kg is the reduced mass of soil).

As further calculations have shown, the difference in the reduced mass of such an under sleeper base begins to appear with a speed of 240 km/h (Fig. 11), and continues to increase with further increase in speed.

![Figure 11: Formation of the reduced mass of the under sleeper base for different levels of speed](image)

Fig. 11 shows that the reduced mass of the under sleeper base decreases in the area of a certain depth of the soil, i.e. where there is a delay of deformation along the rail in front of the wheel [20]. Given that this space – at a certain depth and at a certain distance in front of the wheel – has no significant deformations, their reduction does not lead to significant changes in the reduced mass of the rail base.

### 4. Conclusions

To obtain tools for determining the reduced mass of the under sleeper base taking into account the boundaries of space involved in the oscillations of each rail support at the estimated point in time, a mathematical model of stress-strain operation of the railway based on the elastodynamic problem is applied.
It is established that the main factors affecting the reduced mass of the under sleeper base are those that determine the deformation characteristics of the railway track, namely: the thickness of the ballast layer, the deformation modulus, and the density of the ballast and the roadbed. The speed of movement has an impact only starting from high levels (from 240 km/h and above) for structures with a low deformation modulus of the rail base (from 20 MPa and less).

The main results of variants calculations are given in Tables 1 and 2. These tables allow to reasonably accept the reduced mass of the track (or separately its components) depending on the main characteristics. In the presence of data other than those given in the table, interpolation or extrapolation of the results is possible (see Figures 4-11). So, for a railway track with UIC60 rails on reinforced concrete sleepers depending on values of other characteristics, the reduced mass of support is within $1.1-1.5 \times 10^3$ kg.

**Table 1.** Results of variants calculations

<table>
<thead>
<tr>
<th>Layer thickness, cm</th>
<th>Ballast Deformation modulus, MPa</th>
<th>Ballast Density, $\text{kg/m}^3$</th>
<th>Soil Deformation modulus, MPa</th>
<th>Soil Density, $\text{kg/m}^3$</th>
<th>Results Ballast, kg</th>
<th>Results Under sleeper base, kg</th>
<th>Results Track, kg</th>
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Table 2. Calculation results with regard to the travel speed

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<th>Density, kg/m³</th>
<th>Deformation modulus, MPa</th>
<th>Density, kg/m³</th>
<th>Reduced mass, kg</th>
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<td>Soil</td>
<td>Ballast</td>
<td>Under base</td>
<td>Track</td>
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<td>Under base</td>
<td>Track</td>
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